

SPRING TERM MENU 2023

Week commencing	Monday	Tuesday	Wednesday	Thursday	Friday
2nd January 2023	Holiday	Staff PD Day	Spaghetti Bolognese Served with Broccoli and Carrots Fresh Fruit	Cheese and Ham Homemade Pizza Served with Potato Wedges, Green Beans and Sweetcorn Fruit Flapjack	Fish and Chips Served with Baked Beans and Peas Fresh Fruit
9th January 2023	Newmarket Sausages served with Herby Diced Potatoes, Carrots and Cauliflower Fresh Fruit	BBQ Chicken Sliders served with Corn on the Cob and Peas Fruity Traybake	Roast Beef served with Yorkshire Pudding, Roast Potatoes, Carrots, Green Beans and Gravy Fresh Fruit	Chicken and Chickpea Curry served with Rice, Cauliflower and Cabbage Medley Yoghurt	Fish Fingers served with Chips, Peas and Sweetcorn Fresh Fruit
16th January 2022	Pasta with Tomato Sauce served with a Sprinkling of Cheese, Broccoli and Garlic Bread Fresh Fruit	Beef Burger served with Potato Wedges, Sweetcorn and Peas Fruit Flapjack	Roast Chicken served with Roast Potatoes, Carrots, Root Vegetable Medley and Gravy Fresh Fruit	Cheese and Tomato Pizza served with Herby Diced potatoes and Spaghetti Hoops Fruit Yogurt	Jacket Potato with a choice of Cheese, Beans and Tuna Topping served with Broccoli and Green Beans Fresh Fruit
23rd January 2022	Three Bean Chilli served with Nachos, Sweetcorn and Green Beans Fresh Fruit	Meatballs in Tomato sauce served with Pasta, Broccoli and Carrots Smooth Berry Yoghurt	Roast Pork & Stuffing served with Roast Potatoes, Carrots, Cabbage Medley and Gravy Fresh Fruit	Sticky Oriental Chicken served with Rice, Broccoli and Cauliflower Chocolate Crunch and Chocolate Sauce	Fish served with Chips, Peas and Spaghetti hoops Fresh Fruit

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30th January	Oven Roast Chicken served with Potato Wedges, Carrots, Peas & Gravy Fresh Fruit	Beef Lasagne served with Garlic Bread, Broccoli and Sweetcorn Apple Crumble and Custard	Roast Beef & Yorkshire Pudding served with Roast Potatoes, Carrots, Cabbage and Gravy Fresh Fruit	Newmarket Sausages served with Root Vegetable Mash, Green Beans, and Cauliflower Cheese Smooth Berry Yoghurt	Fish Fingers in a Wholemeal Bap served with Baked Beans and Peas Fresh Fruit
6th February	Chicken and Bacon Pasta served with Broccoli and Sweetcorn Fresh Fruit	Cheese and Tomato Pizza served with Sweetcorn and Potato Wedges Jelly	Roast Chicken served with Roast Potatoes, Carrots, Peas and Gravy Fresh Fruit	Pork Goulash served with Vegetable Rice Smooth Berry Yoghurt	Jacket Potato filled with a Cheesy Tuna and Sweetcorn Filling served with Peas & Carrots Apple & Banana Cake
20th February	Oriental Sticky Chicken served with Rice and Sweetcorn Fresh Fruit	Pasta with Bolognese Sauce served with Broccoli and Sweetcorn Fresh Fruit	Roast Pork & Stuffing served with Roast Potatoes, Carrots, Cabbage Medley and Gravy Fresh Fruit	Chicken Burger served with Potato Wedges, Sweetcorn and Cauliflower Smooth Berry Yoghurt	Fish served with Chips, Baked Beans and Peas Carrot Cake
27th February	Pasta with Tomato Sauce served with a Sprinkling of Cheese, Broccoli and Sweetcorn Fresh Fruit	Pulled Pork Baps served with Wedges and Green Beans Fresh Fruit	Roast Beef & Yorkshire Pudding served with Roast Potatoes, Carrots, Parsnips and Swede Fruit Trade Bake	Sweet and Sour Chicken served with Rice, Sweetcorn and Broccoli Smooth Berry Yoghurt	Fish & Chips served with Peas and Baked Beans Cookies

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6th March	Spanish Chicken served with Vegetable Rice Fresh Fruit	Sausages served with jacket Potatoes, Carrots and Peas Carrot Cake	Roast Chicken served with Roast Potatoes, Carrots, Green Beans and Gravy Jelly	Cheese & Ham Pasta Bake served with Tomato Bread and Broccoli Smooth Berry Yoghurt	Fish Fingers served with Potato Wedges, Sweetcorn and Spaghetti hoops Fresh Fruit
13th March	Sweet Potato and Chickpea Curry served with Rice, Carrots and Cauliflower Fresh Fruit	Shepherd's Pie served with Green Beans and Sweetcorn Ice-Cream	Roast Pork & Stuffing served with Roast Potatoes, Carrots, Peas and Gravy Smooth Berry Yoghurt	Tomato and Chicken Pasta Bake served with Broccoli and Garlic Bread Fruit Crumble and Vanilla Sauce	Fish Goujons served with Potato Wedges, Peas and Baked Beans Fresh Fruit
20th March	Tomato and Red Pepper Sauce served with Pasta Broccoli and Garlic bread Fresh Fruit	Hot Dog served with Potato Wedges, Sweetcorn and Baked Beans Fresh fruit	Roast Beef & Yorkshire Pudding served with Roast Potatoes, Carrots, Parsnips and Swede Smooth Berry Yoghurt	Cheese & Tomato Pizza served with Baked Beans and Sweetcorn Blueberry Muffin	Tuna Cheese Melt Paninis served with Potato Wedges and Sweetcorn Fresh Fruit
27th March	Chicken Nachos served with Warm 3 Beans Salad Fresh Fruit	Newmarket Sausages served with Chips, Peas, Carrots and Gravy Smooth Berry Yoghurt	Roast Chicken served with Roast Potatoes, Carrots, Green Beans and Gravy Flapjack	Macaroni Cheese served with Tomato Bread, Broccoli and Carrots Fresh Fruit	Fish Fingers in a Bap served with Spaghetti Hoops Fruit Easter Cookies